

# INTRODUCTION TO FRAILTY SERIES



Join H&F GP Federation Training Hub for a series of lunchtime workshops on frailty, open to any care staff, including nurses, healthcare assistants, allied health professionals and all carers.

All sessions will take place on Zoom from 13:00 - 13:45

## ***Session 1. 4th of November***

***Recognising Frailty: What is frailty and how do I spot it?***

Link to the session: <https://us02web.zoom.us/j/88958123225?pwd=NmNCVXhGNk5VTHIDZzNXWXhTaDFNQ09>

## ***Session 2. 11th of November***

***Responding to Frailty : Is my patient poorly or just frail?***

Link to the session: <https://us02web.zoom.us/j/84091656537?pwd=QkVGNVZMKys1ZUIONnVEQTixUVNVUT09>

## ***Session 3. 18th of November***

***Recognising deterioration: My patient is unwell but I can't tell you why- tools to help you decide***

Link to the session: <https://us02web.zoom.us/j/86497600537?pwd=a1JvSk84K3U2WFZ4dkNDcm5KQW1tdz09>

## ***Session 4. 25th of November***

***Anticipating deterioration: “How do I talk to my patient about their hopes and goals?”: Tips for advance care planning conversations***

Link to the session: <https://us02web.zoom.us/j/81235268709?pwd=d0VHRnNOckplVEVRUjRWR2JFWDRVZz09>