

Parsons Green Health Centre (Formally WIC) – Booked appointment service

The Nurse Practitioner led service 8.30 – 18.00 Mon – Fri providing telephone triage and face to face or telephone/video consultations, Sat 9-1 pre booked appointments face to face or telephone/video consultations.

Symptoms should be acute – present for less than 5 days.

Any Patient with symptoms that possibly could be COVID-19 would need a negative swab in the last 48 hours before they are seen.

General Exclusions;

- **pregnant women or children under 12 years old.**
- Anyone requiring the following: Repeat prescriptions, reports for insurance/fit to fly, medical certificates, routine referrals, blood tests, chronic disease management (inc asthma review, BP checks/hypertension management, oral contraception/LARC etc).

Included Condition	Exclusion
Allergic Reactions	Difficulty breathing/airway compromise
Back Pain/Neck pain	Non-mobile patients, red flags of cauda equina RTC/assault
Dermatology rash, skin infection, impetigo, ringworm, insect bite.	Non-blanching rash with fever
ENT earache, sore throat, foreign body in ear, sinusitis	Airway compromised Mastoid tenderness Impacted cerumen (wax)
Gastrointestinal D&V, gastritis, abdominal pain, nausea	Signs of acute dehydration Traveller's diarrhoea Blood/mucus in stool Hematemesis
Genitourinary UTI, pyelonephritis, Foreign body in vagina (e.g. retained tampon), TOP/STI advice only Emergency contraception (oral)	Kidney stones Amenorrhoea UPSI > 120 hours
Headache	Neurological compromise
Minor Head Injury	Neurological or vascular compromise Loss of consciousness or Reduced GCS RTC/assault
MSK Pain (excluding Back and Neck see above)	Anything requiring x-ray including displaced/visible deformity, Non weight bearing and Open fractures Neurological or vascular compromise Reduced GCS RTC/assault Rib injury with respiratory symptoms
Ophthalmology – eyelid swelling, abrasions, FB (excluding glass or metal)	Eye pain Orbital swelling or erythema
Oral Health – mouth ulcers, facial swelling	Dental pain
Respiratory – Require negative covid test within 48 hours of presentation cough, cold, exacerbation of asthma	Haemoptysis Covid symptoms
Traumatic Wounds – burns, animal bites, cuts, abrasions	Wounds due to glass, wounds to triangle of face Wounds requiring suture Burns to face and inhalation injuries