



Primary care suicide prevention for the COVID era: LIFE

25.03.2021 OR 24.05.2021 - 19:00 – 21:00

About the course

LIFE presents a novel and practical approach to suicide prevention that has been specifically designed with the busy GP in mind. LIFE provides a rapid refresh of essential skills for assessment, formulation and documentation while providing a range of advanced skills in brief interventions like safety planning and resilience building.

Often as the first point of contact, general practitioners' sense and detect impending mental health crisis and within the confines of limited time and minimal information they act, setting in motion a sequence of events that ensures safety through ongoing support in primary care and/or an appropriate referral for assessment and treatment in secondary care. This demand on our GP's time and an expectation to respond appropriately, effectively, and rapidly to suicidal crisis is only set to grow with the parallel pandemic of psychological distress and dysfunction in the COVID era.

LIFE training blends the essential skills and competencies needed for rapid detection, assessment, and referral along with the latest research and advanced practice of maintaining a therapeutic relationship, safety planning and resilience building. Based on the internationally acclaimed PROTECT framework, it is designed to transform busy GPs into hope vendors, supporting people to understand that suicide is a permanent solution to temporary problems and that their pain can either be chipped away at, or their resilience enhanced.



Target Audience

Allied health professional, Consultant – non-psychiatry any, CT1-3 – non-psychiatry any, Doctors, FY1, FY2, FY3, GP, GPVTS, Healthcare assistant, Nurse associate, RGN



Location

This course will be taking place digitally via Zoom.



Date & Time

25.03.2021 OR 24.05.2021
19:00 – 21:00

For more information contact

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